



INSTITUTE OF  
INFORMATION AND COMMUNICATION  
TECHNOLOGIES



INSTITUTE OF MATHEMATICS AND INFORMATICS



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# *IN SILICO* STUDY OF THE MOLECULAR MECHANISM OF LMWH ANTI-INFLAMMATORY ACTION WITHIN THE COVID-19 CONTEXT

*In collaboration with*



E. Lilkova

L. Litov, P. Petkov

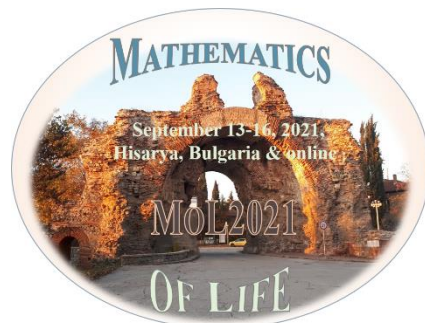


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N. Todorova



**MATHEMATICS OF LIFE (MoL 2021)**

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<i>Background</i>	<b>COVID-19 pandemic</b>
Materials and Methods	SARS-CoV-2
Results	Cytokine release syndrome (CRS)
Discussion	Hypotheses & Objectives

# The COVID-19 Pandemic

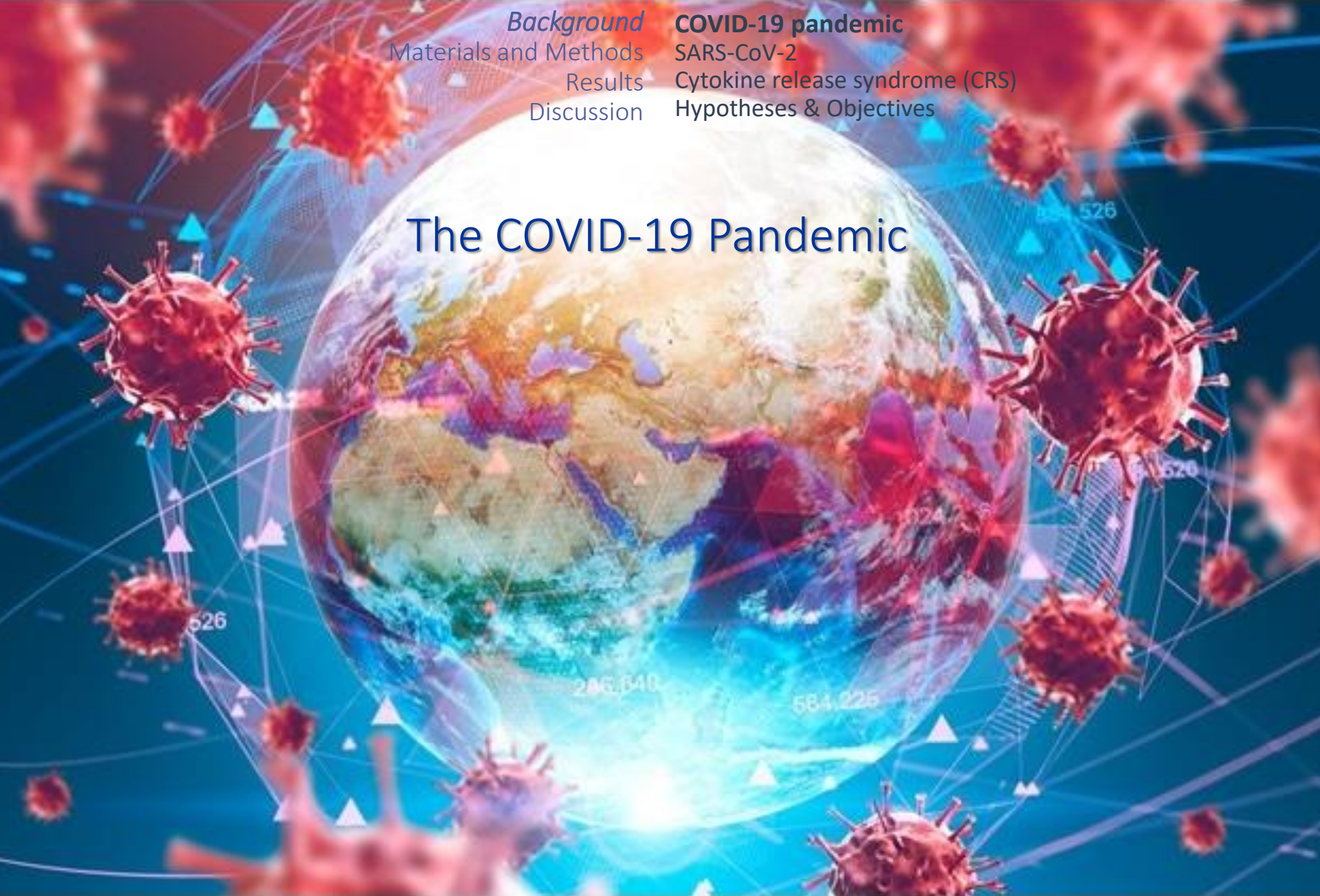
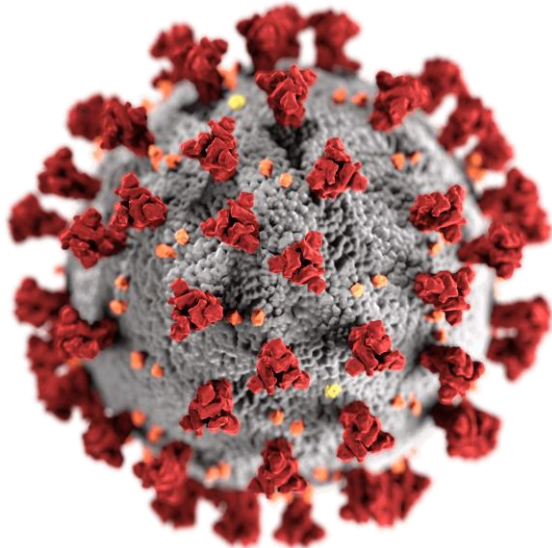


Image Credit: ImageFlow / Shutterstock



## SARS-CoV-2



7<sup>th</sup> known “human” coronavirus

SARS-CoV [2002-2004; 11% CFR]

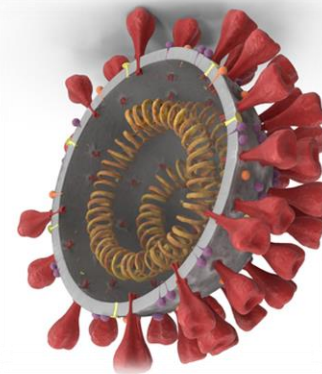
MERS-CoV [2012; ~34% CFR]

SARS-CoV-2 polybasic cleavage site

$\beta$ -coronavirus  
~ 30 000 bases  
12 open reading frames (ORFs)  
29 encoded proteins  
29 viral proteins interact with 332 host-cell proteins

Virions measures  
~ 100 nm in diameter  
~  $10^3$  Mda  $\approx$  1.6 fg

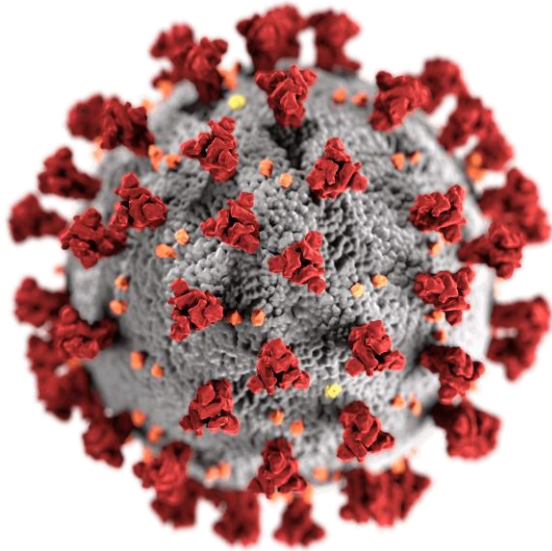
10 hours needed to burst ~ 1000 virions



<https://phil.cdc.gov/Details.aspx?pid=23312>

Alissa Eckert, MS & Dan Higgins, MAMS

## SARS-CoV-2



A comprehensive understanding of how the virus hijacks the host and inactivates its immune response at the initial stage, how this relates to the delayed (over)reaction of the immune system and how this overreaction can be tamed is indispensable for

- devising therapeutic strategies to counteract SARS-CoV-2 infection
- developing new drugs, or
- repurposing existing ones

<https://phil.cdc.gov/Details.aspx?pid=23312>

Alissa Eckert, MS & Dan Higgins, MAMS

## Cytokine release syndrome (CRS)

### COVID-19 phases

### Immune response

Prolonged incubation period (4-14 days): SARS-CoV-2 may have developed countermeasures against the immune system

Non-severe stages

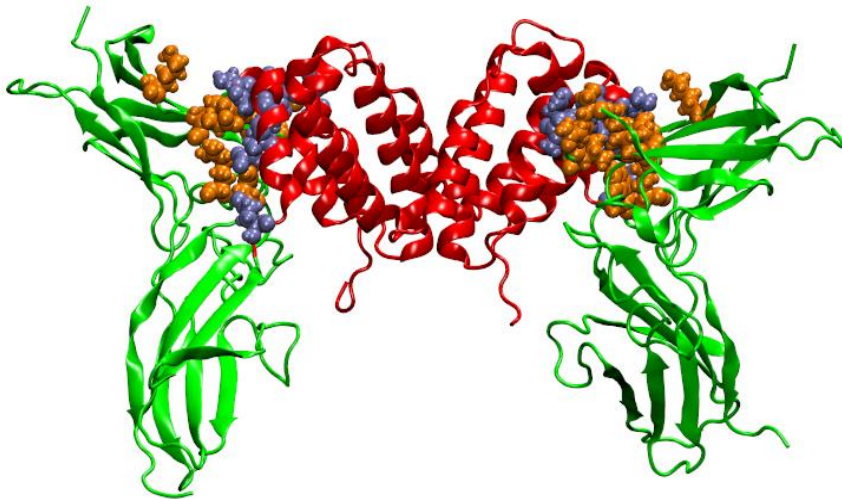
Specific innate immune response  
Adaptive immune response:  
Before the peak of the viral load

Acute phase: ARDS, CRS

IFN-stimulated genes with pro-inflammatory activity  
***Proinflammatory cytokines***

Timely control of the cytokine storm in its early stage through immunomodulators and cytokine antagonists

## Interferon-gamma (IFN $\gamma$ )

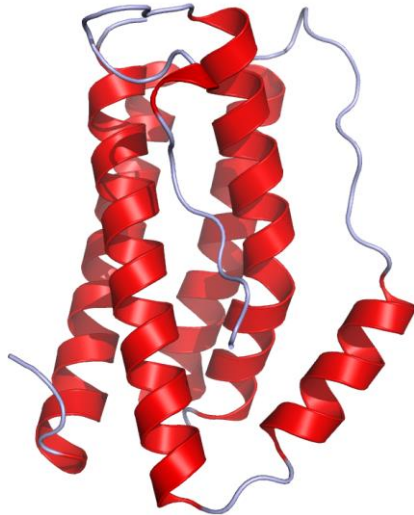


- ❖ Pleiotropic cytokine
- ❖ 2 x 143 aa; 25 kDa
- ❖ Key role in immune signaling and modulation of the innate and adaptive immune response
- ❖ Overexpression associated with certain autoimmune diseases

- ❖ Inhibition of superfluous IFN $\gamma$  / IFN $\gamma$  signaling pathway:
  - “blocking” the receptor via inactive mutated forms
  - blocking the cytokine binding sites

# L. Litov et al. *A new approach to cope with autoimmune diseases: computer simulations and laboratory tests.* Radiotherapy and Oncology 102 (Suppl. 1) (2012) S134-S135

## Interleukin 6 (IL-6)

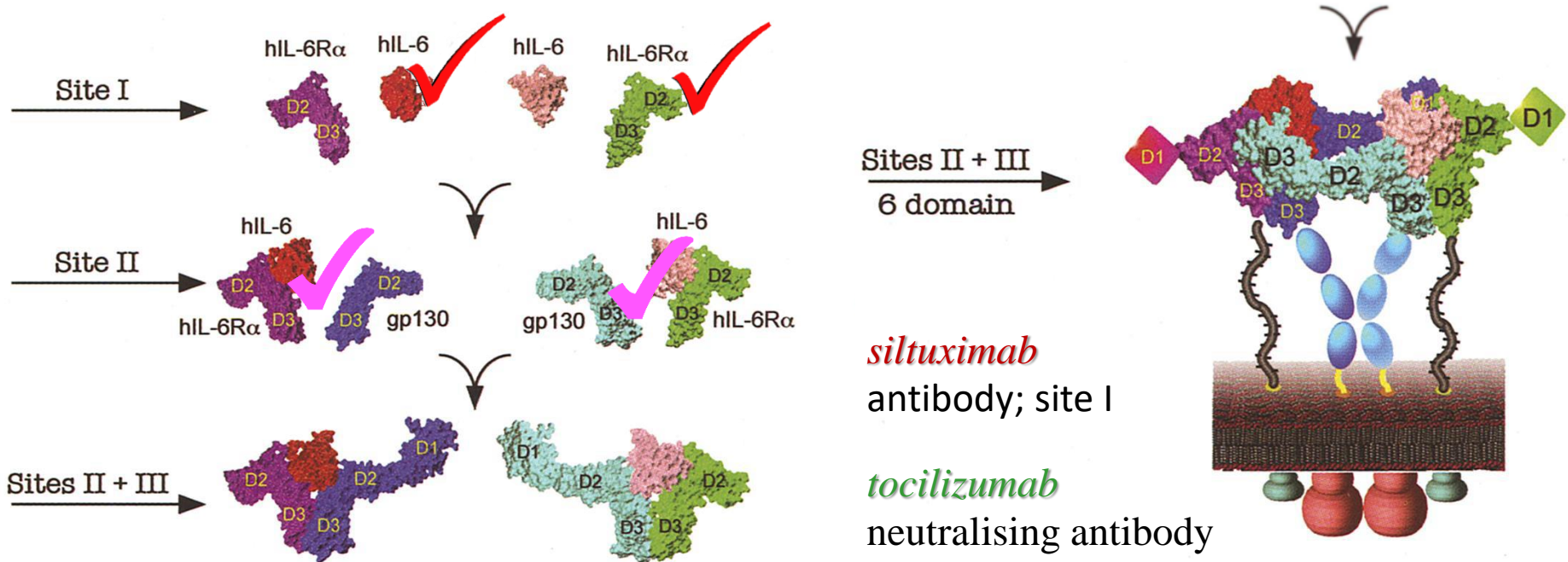


- ❖ Member of the IL-6 family of cytokines
- ❖ 212 aa; 23.7 kDa
- ❖ Secreted by many cell types during infection, inflammation or cancer
- ❖ Very low levels under normal conditions  
-> *biomarker*
- ❖ Modulates the balance between humoral and cell-based immune responses
- ❖ Involved in B- and T-cells regulation
- ❖ Inhibition of IL-6 signaling:  
*therapeutic potential in cancer, autoimmune diseases, infections and Covid-19*



# Interleukin 6 (IL-6) signaling

IL-6 → IL-6/IL-6R → IL-6/IL-6R/gp130



Side effects, increased risk of infections, lack of specificity

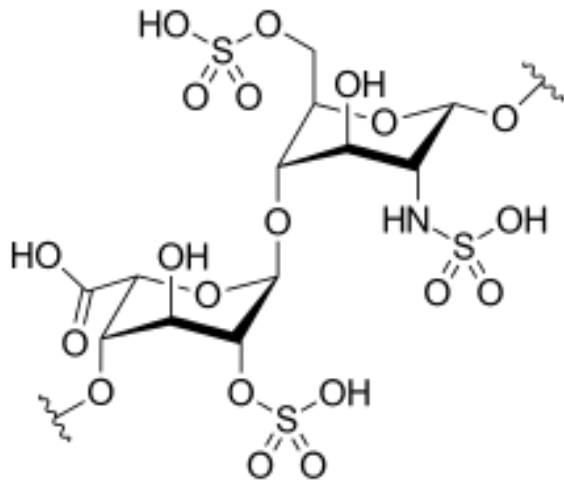


# Heparin

## Feasible alternative: GAGs, e.g. LMWH

### Heparin (UFH)

- Polymer (polysaccharide), 3 to 30 kDa
- Variably sulfated repeating disaccharide unit
- High-density negative charge (x -2)
- High biological activity:  
binds to >700 proteins



### Low molecular weight heparin (LMWH)

- >60% short chains < 8 kDa
- More predictable pharmacokinetics

## Objective & Hypotheses

Understand the molecular mechanism of the antiinflammatory action of heparin

*Heparin binding impairs the formation of the two biologically active complexes (IFN $\gamma$  / IFN $\gamma$ R $\alpha$  and IL-6 / IL-6R $\alpha$  / gp130) and by this – the activation of the respective signaling pathways*

## The *In Silico* Experiments

- ❖ Reconstruction of the full-length IFN $\gamma$  homodimer
- ❖ Simulation of heparin/IFN $\gamma$  complex
- ❖ Equilibration of the X-ray structure IL-6/IL-6R $\alpha$ /gp130
- ❖ Identification of contact areas and binding sites
- ❖ Simulation of heparin/IL-6 binding
- ❖ Simulation of (IL-6/IL-6R)+heparin
- ❖ Complex-structure analysis
- ❖ Visualisation

**Experimental evidence:**

*heparin binds to IFN $\gamma$ , IL-6 and to the complex IL-6/IL-6R $\alpha$*

# Mummery, R.S. and Rider, C.C. The Journal of Immunology, 165/10 (2000)5671-5679

# Molecular Dynamics

## Simulation protocol:

- ❖ GROMACS 5.0.7
- ❖ explicit solvent
- ❖ time step 2 fs; Leap-frog algorithm
- ❖ rectangular box with  $-d$  2.0 nm
- ❖ all cutoff radii 0.9 nm
- ❖ PME electrostatics: 1.2 nm
- ❖ T-control: Berendsen (in PR)  
v-rescale,  $T = 310\text{K}$  and  $\tau_t = 0.1\text{ps}$
- ❖ P-control: Berendsen (in PR)  
Parrinello-Rahman,  $\tau_p = 0.5\text{ps}$

**GROMACS**  
FAST. FLEXIBLE. FREE.



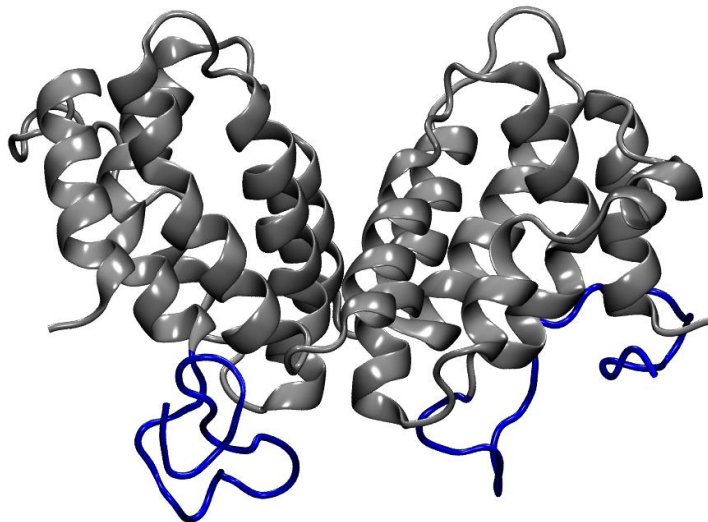
- ❑ IFN $\gamma$ /LMWH 500 ns +1.5  $\mu\text{s}$
- ❑ IL-6 150 ns
- ❑ IL-6/LMWH 250 ns
- ❑ IL-6/IL-6R $\alpha$ /LMWH 250 ns
- ❑ IL-6/IL-6R $\alpha$ /LMWH + Mg $^{2+}$  500 ns

# M. J. Abraham, T. Murtola, R. Schulz, S. Páll, J. C. Smith, B. Hess, E. Lindahl, GROMACS: *High performance molecular simulations through multi-level parallelism from laptops to supercomputers*, SoftwareX 1 (2015) pp. 19-25



## Structure modelling

### Interferon-gamma (IFN $\gamma$ )



- Protein Data Bank: PDB ID 1FG9
- Missing C-termini reconstructed (the centroid of the largest cluster after  $\rho$ -fitting of three independent 500 ns folding trajectories from the largest-cluster centroid of an initial 200 ns folding trajectory)

# D.J. Thiel DJ, et al. *Structure* **8** (2000) 927-936

# P. Petkov, E. Lilkova, N. Ilieva, ..... In: *Lecture Notes in Computer Science*, Vol. **10655** (2018) 544-551

# E. Lilkova, P. Petkov, N. Ilieva, ..... *Journal of Molecular Modeling* **25** (2019) 127

# Structure modelling

## Interleukin 6 (IL-6)

- Protein Data Bank: **PDB ID 1ALU**
- Missing residues reconstructed with loop-modelling interface of CHIMERA
- Structure parameterized with the CHARMM36m force field
- Solvation, neutralization, equilibration
- 10 ns production MD to get the initial structure

## IL6 / IL6-R $\alpha$ / gp130 complex

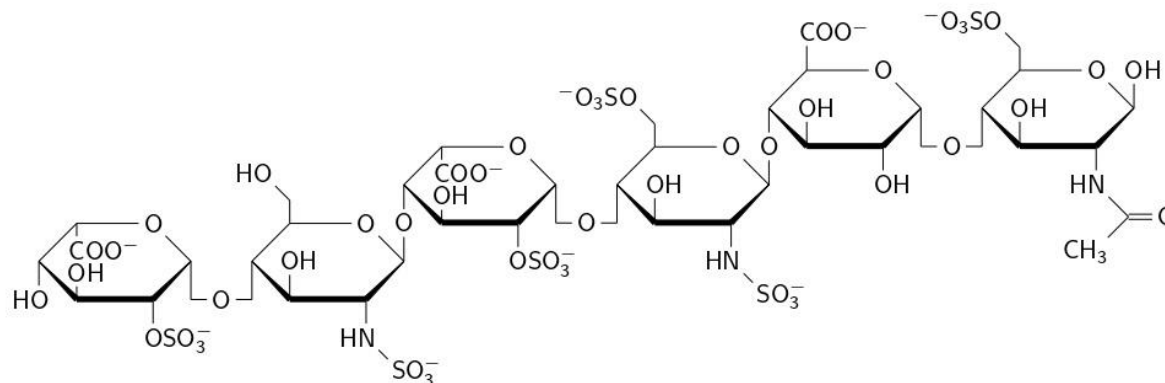
- Protein Data Bank: **PDB ID 1P9M**
- Structure parameterized with the CHARMM36m force field
- Solvation, neutralization, equilibration
- 10 ns production MD to get the initial structure

# H.M. Berman et al. The Protein Data Bank. *Nucleic Acids Research*, **28** (2000) 235  
# E.F. Pettersen et al. UCSF Chimera (...) *J. Comput. Chem.* **25/13** (2004) 1605  
# Z. Yang et al. UCSF Chimera: MODELLER, and IMP (...) *J. Struct. Biol.* **179** (2012) 269

## Structure modelling

### GAG structure: hexasaccharide as a general LMWH

- Literature-based hexasaccharide sequence; net charge -9e
- 3D structure generation with Glycan Reader & Modeler module of the CHARMM-GUI server
- Structure parameterized with CHARMM36m carbohydrate force field
- GROMACS-compatible topology with the *parmed* module of AmberTools 16



## Structure modelling

$\alpha$ -L-IdoA(2S) (1 $\rightarrow$ 4)  $\beta$ -D-GlcNS (1 $\rightarrow$ 4)  $\alpha$ -L-IdoA(2S) (1 $\rightarrow$ 4)  $\beta$ -D-GlcNS(6S)  
(1 $\rightarrow$ 4)  $\beta$ -D-GlcA(1 $\rightarrow$ 4)  $\beta$ -D-GlcNAc(6s).

### GAG/protein complex

- Molecular Operating Environment (MOE): GAG molecules docked in IL6 and IL6-IL6R $\alpha$  complex based on the SAS structure

# K. Mazák et al. Carbohydrate Research **384** (2014) 13–19

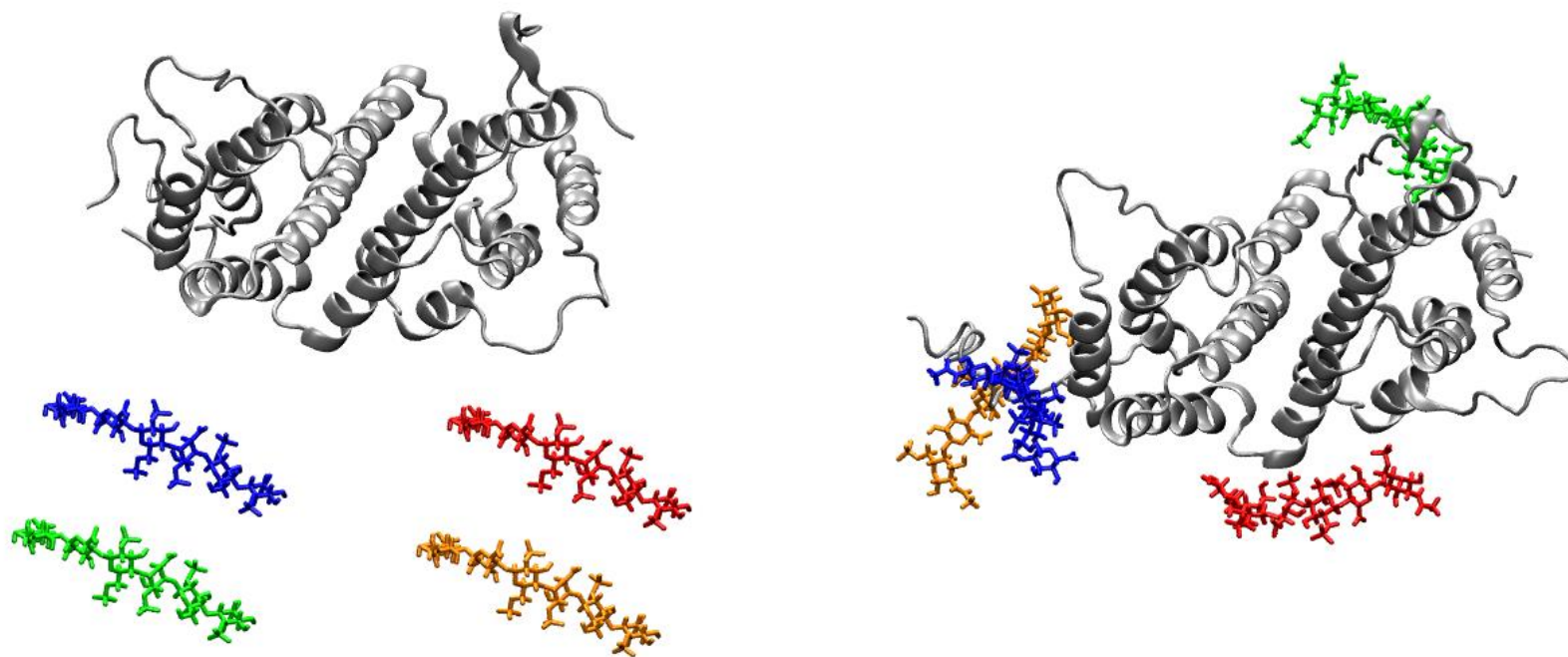
# S-J. Park et al. CHARMM-GUI Glycan Modeler (...). Glycobiology, **29** (2019) 320–331

# S. Jo et al. CHARMM-GUI (...). J. Comput. Chem. 29 (2008) 1859-1865

# (MOE) <https://www.chemcomp.com/Products.htm>



## IFN $\gamma$ /heparin complex

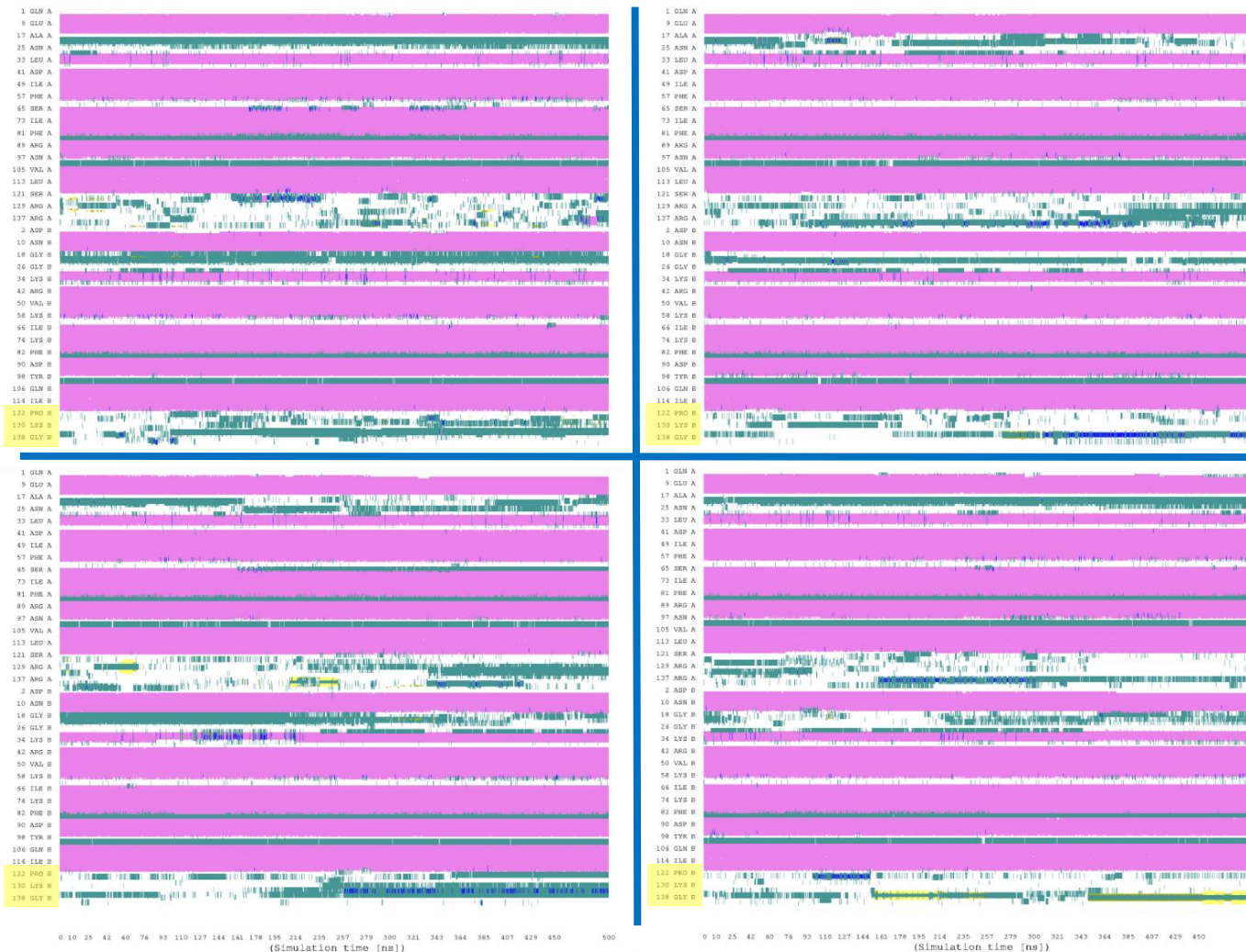


*Initial and final conformations: IFN $\gamma$  & four hexasaccharides  
(a representative LMWH structure) after 500 ns MD simulation*

17

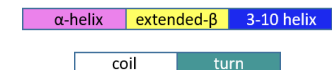
# E. Lilkova, N. Ilieva, P. Petkov, M. Rangelov, and L. Litov,  
AIP Conference Proceedings **2302** (2020) 020003

# IFN $\gamma$ /heparin complex

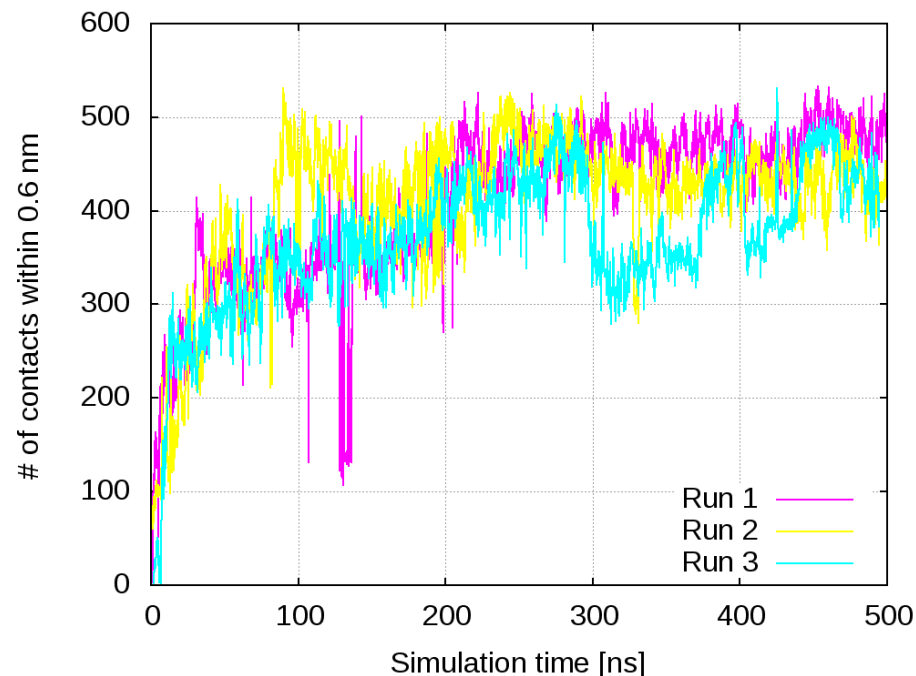
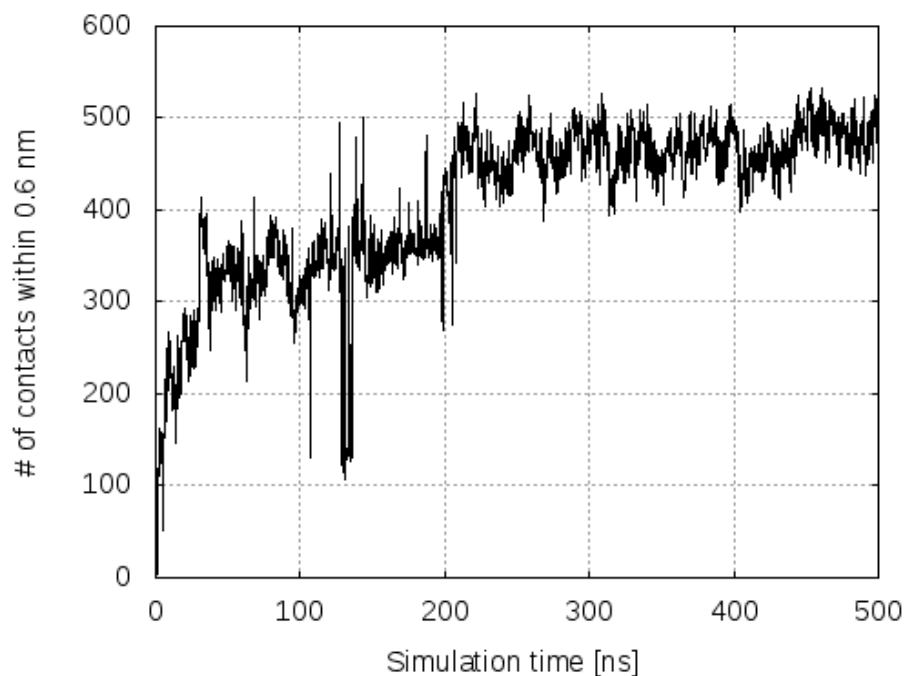


LMWH binding:  
**No influence** on the cytokine's globule

**Secondary-structure plot of IFN $\gamma$ : apo form (top left) & three independent binding simulations: globule (amino acids 1-121) & C-termini (amino acids 122-143)**



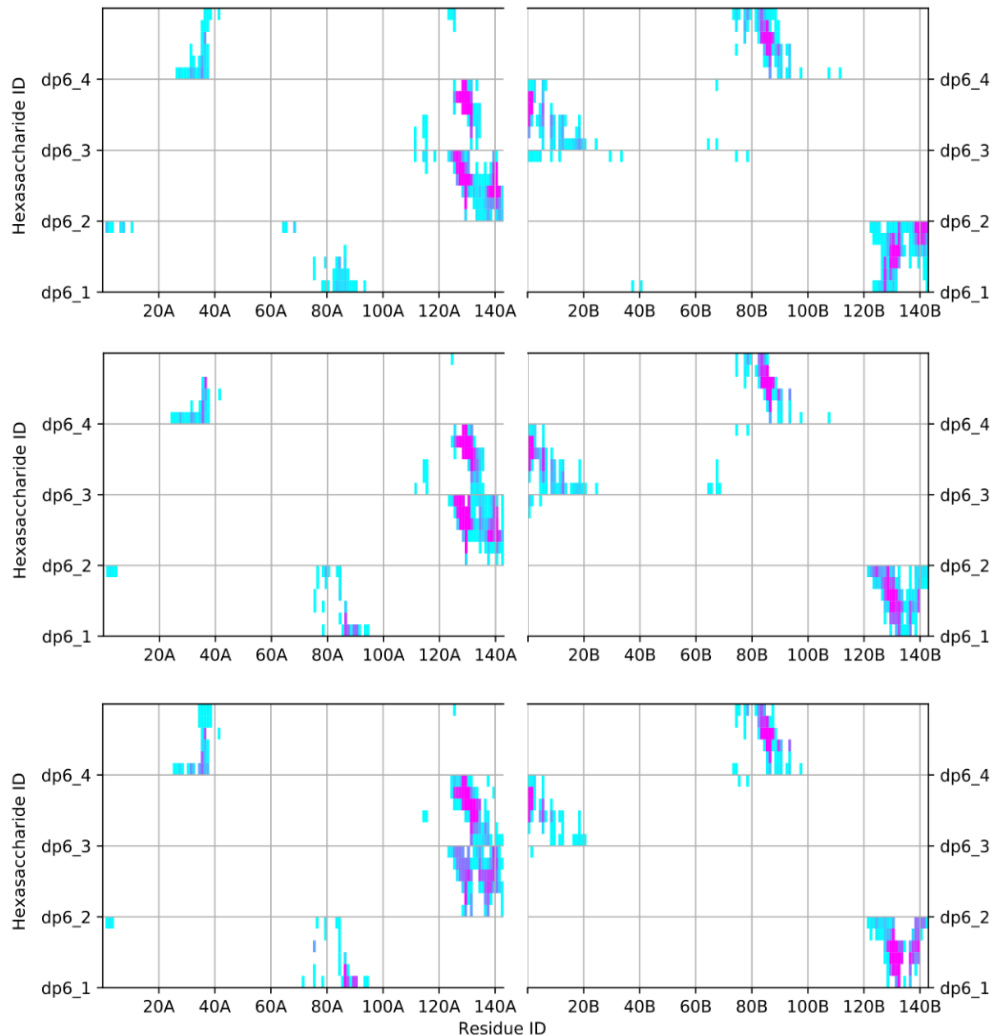
## IFN $\gamma$ /heparin complex



**Pair contacts between IFN $\gamma$  and the hexasaccharides.** Number of contacts (averaged over the three independent simulations, and for the three independent runs) as a function of the simulation time between any pair of atoms of IFN $\gamma$  and any of the four hexasaccharides within 0.6 nm

\* With three hexasaccharides attached, the complex already has a **negative net charge**.

## IFN $\gamma$ /heparin complex



LMWH binding:

Interaction expected with the **positively charged parts of IFN $\gamma$**

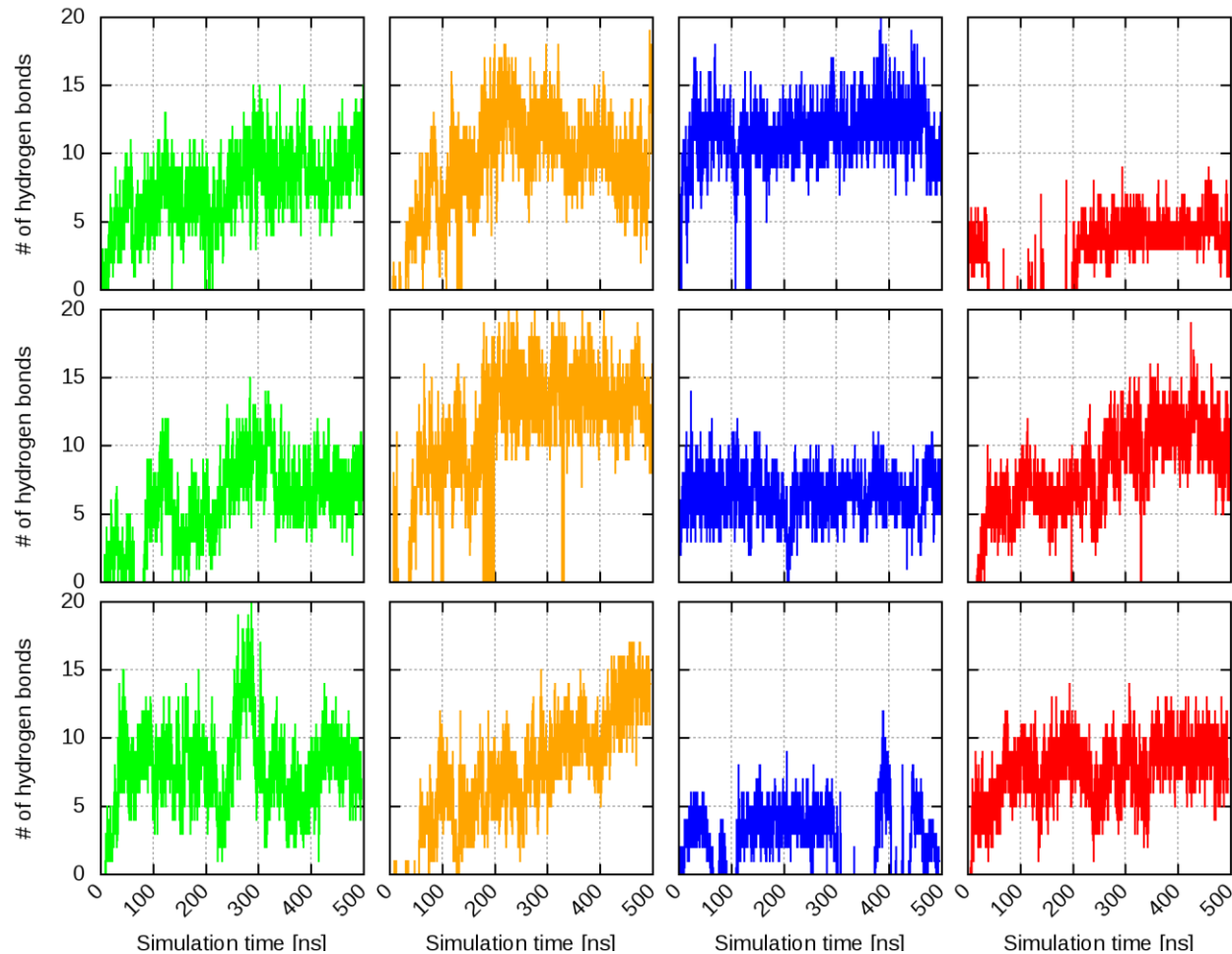
- Leu<sup>120</sup>-Gln<sup>143</sup>
- <sup>86</sup>LysLysLysArg<sup>89</sup>

**Contact map of the IFN $\gamma$ /LMWH complex:**  
Contacts within 0.6 nm between each of the four hexasaccharides and the two monomers of IFN $\gamma$ ; contact occupancy within the last 250 ns of the three simulations, ranges from 0 to 1





# IFN $\gamma$ /heparin complex



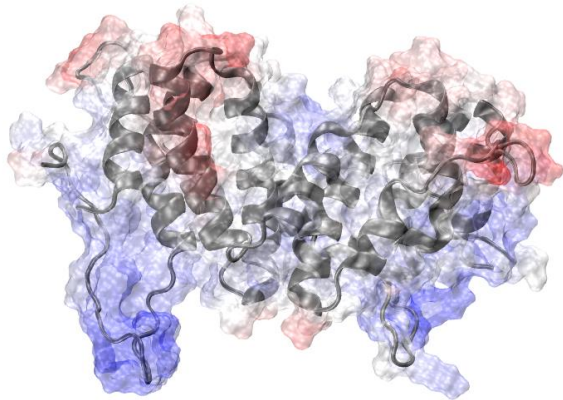
LMWH binding:  
**Very stable** complexes

- Leu<sup>120</sup>-Gln<sup>143</sup>
- <sup>86</sup>LysLysLysArg<sup>89</sup>

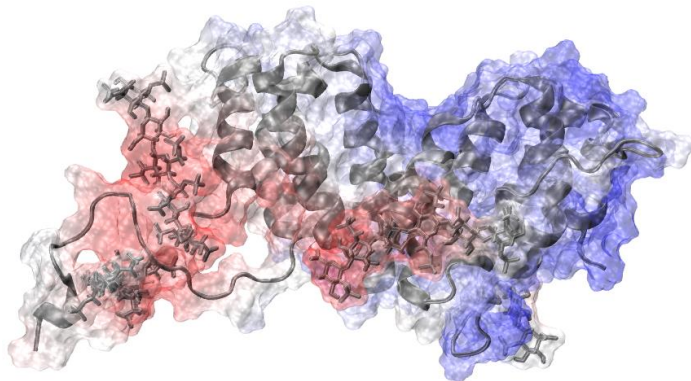
7-14 H-bonds

**Hydrogen bonds**  
*between IFN $\gamma$  and each  
of the four LMWH in the  
three runs*

## IFN $\gamma$ /heparin complex

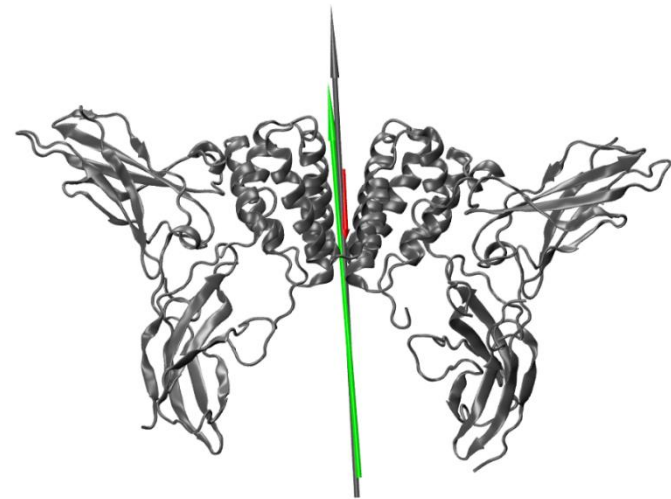


*Electrostatic potential surface of hIFN $\gamma$  alone and in complex with LMWH molecules*



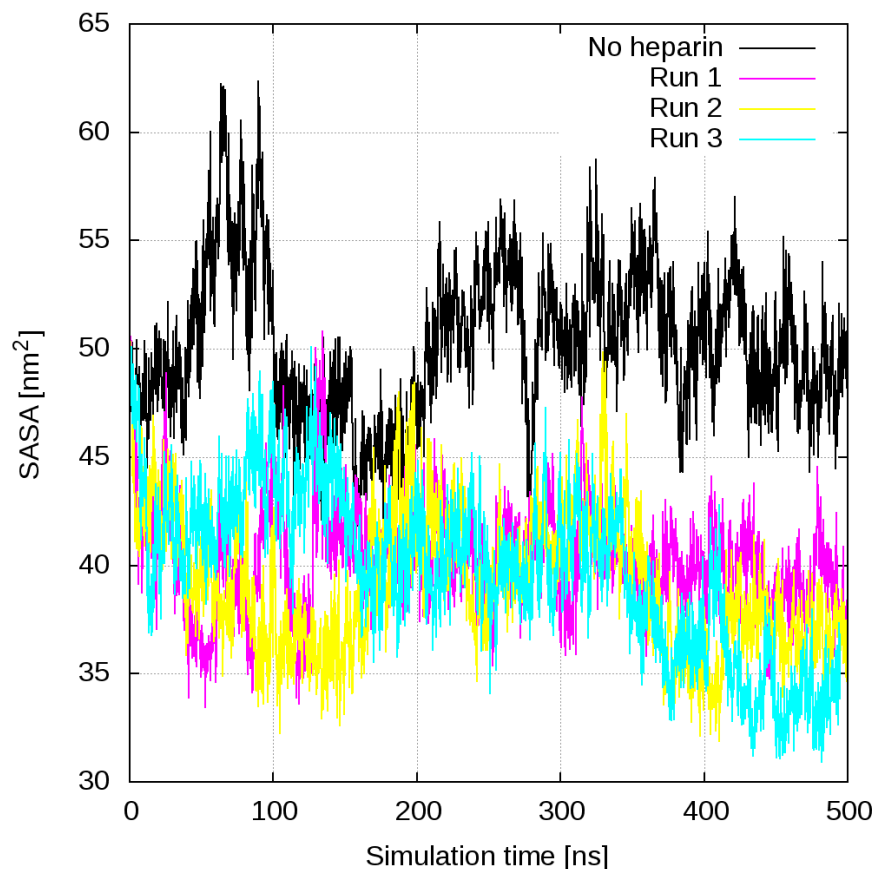
LMWH binding:

- **Electrostatic attraction** between IFN $\gamma$  and its receptor
- **Not possible with a net negative charge**



*Dipole moments of the hIFN $\gamma$ -hIFN $\gamma$ R1 complex*

## IFN $\gamma$ /heparin complex



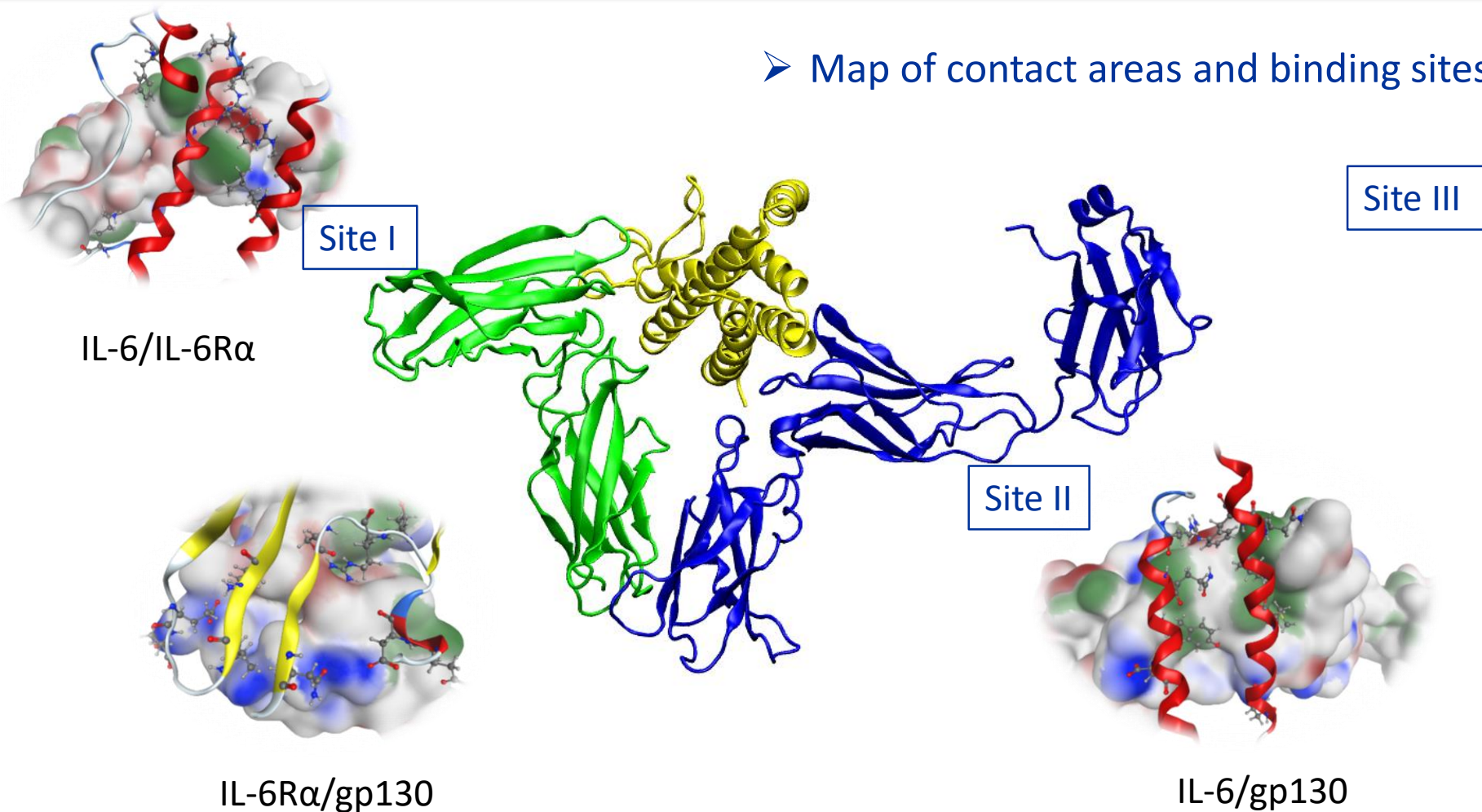
LMWH binding:

**Impairment** of the binding affinity of IFN $\gamma$  to its receptor to be expected

***C-termini solvent-accessible surface area (SASA): IFN $\gamma$  reference simulation (in black) and the three independent binding simulations***

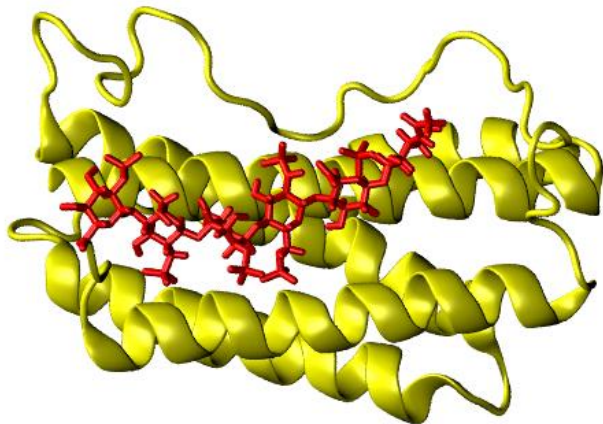
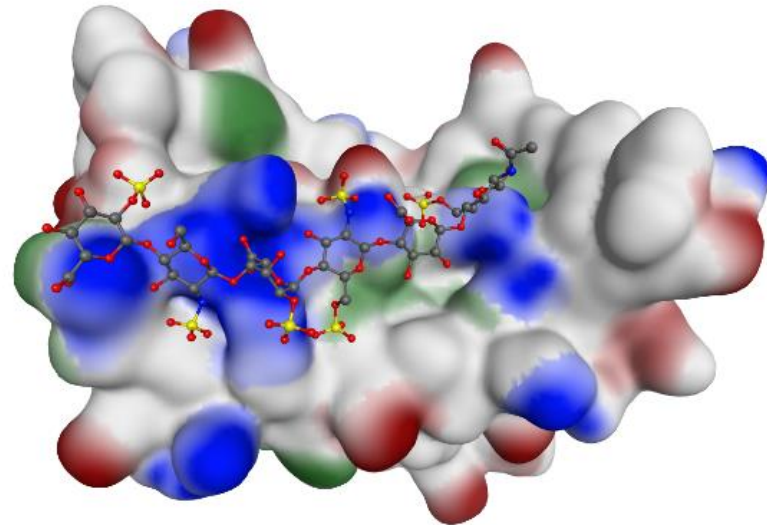
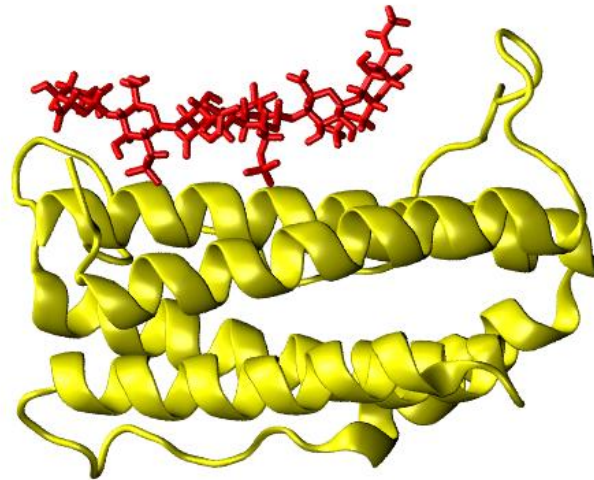
## IL-6/IL-6R $\alpha$ /gp130 complex

➤ Map of contact areas and binding sites





## IL-6/heparin complex

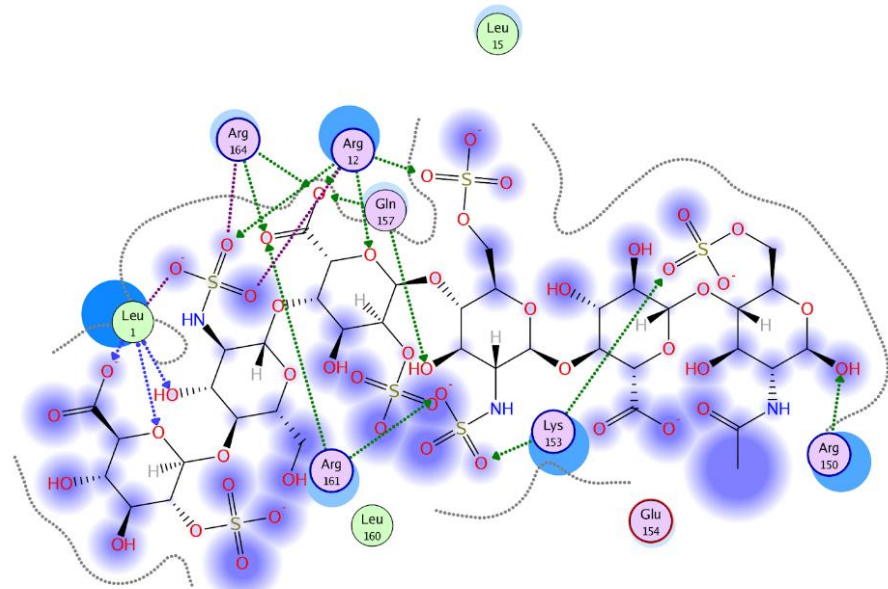


- LMWH binds to IL-6
- No substantial structural changes in IL-6
- Polar interaction, determined by the charge distribution
- Position with high chances for inhibiting the triple complex building



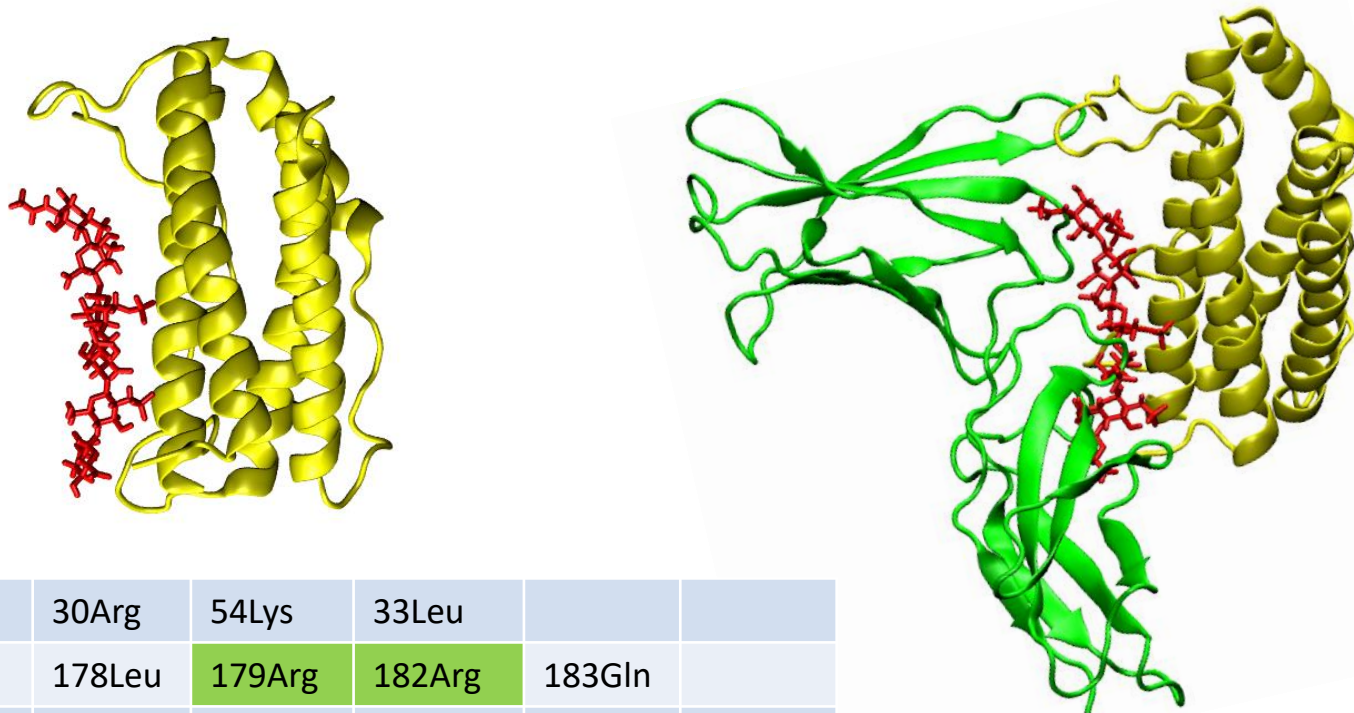
## IL-6/heparin complex

aa	d [Å]	E [kcal/mol]
Leu 19	2.29	-11.4
Arg 182	2.31	-11.2
Arg 30	2.35	-10.6
Lys 171	2.36	-10.5
Arg 30	2.39	-10.1
Lys 171	2.44	-9.5
Arg 30	2.46	-9.3
Arg 179	2.48	-9.0
Arg 182	2.49	-9.0



- LMWH binds to IL-6
- No substantial structural changes in IL-6
- Polar interaction, determined by the charge distribution
- Position with high chances for inhibiting the triple complex building

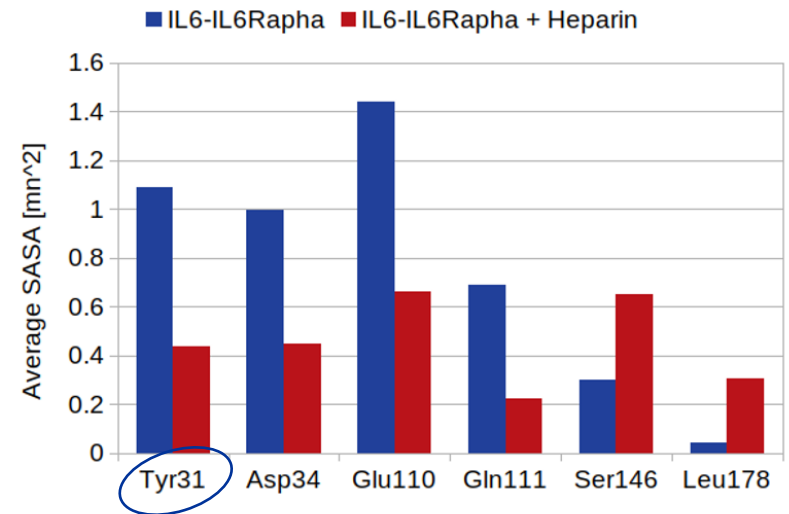
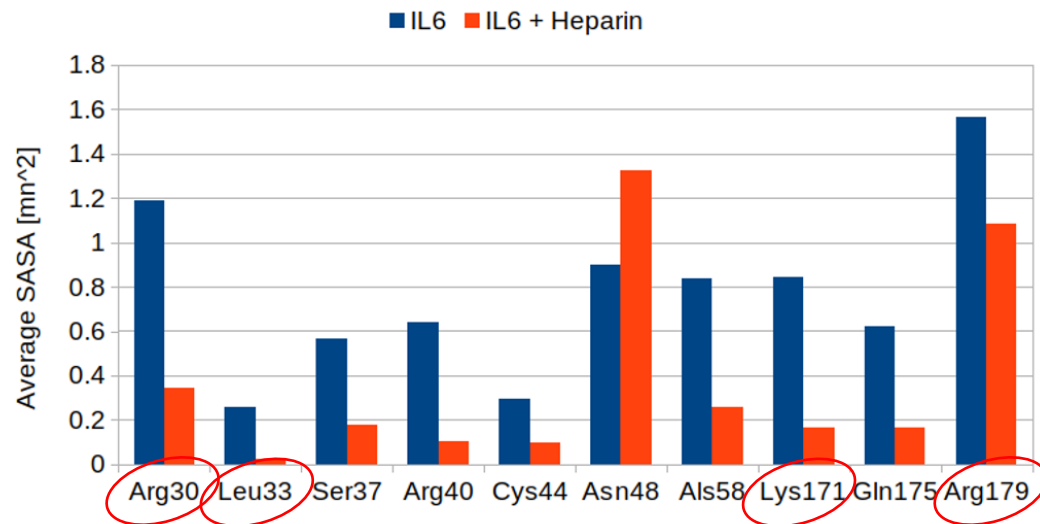
## IL-6/heparin/IL-6R $\alpha$ complex



IL-6/IL-6R	30Arg	54Lys	33Leu		
IL-6/IL-6R	178Leu	179Arg	182Arg	183Gln	
IL-6/gp130	24Arg	28Gln	31Tyr	34Asp	
IL-6/gp130	110Glu	117Met	121Val	124Gln	125Phe
HP/IL-6	19Leu	40Arg			
HP/IL-6	171Lys	179Arg	182Arg		

*Heparin blocks binding site 1 (IL-6/IL-6R), thus disabling the binding of IL-6 to its receptor*

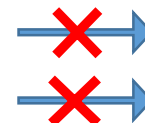
## IL-6/heparin complex



**Average SASA values for the most affected through LMWH binding residues (SASA change exceeds the standard deviation)**

LMWH binding:

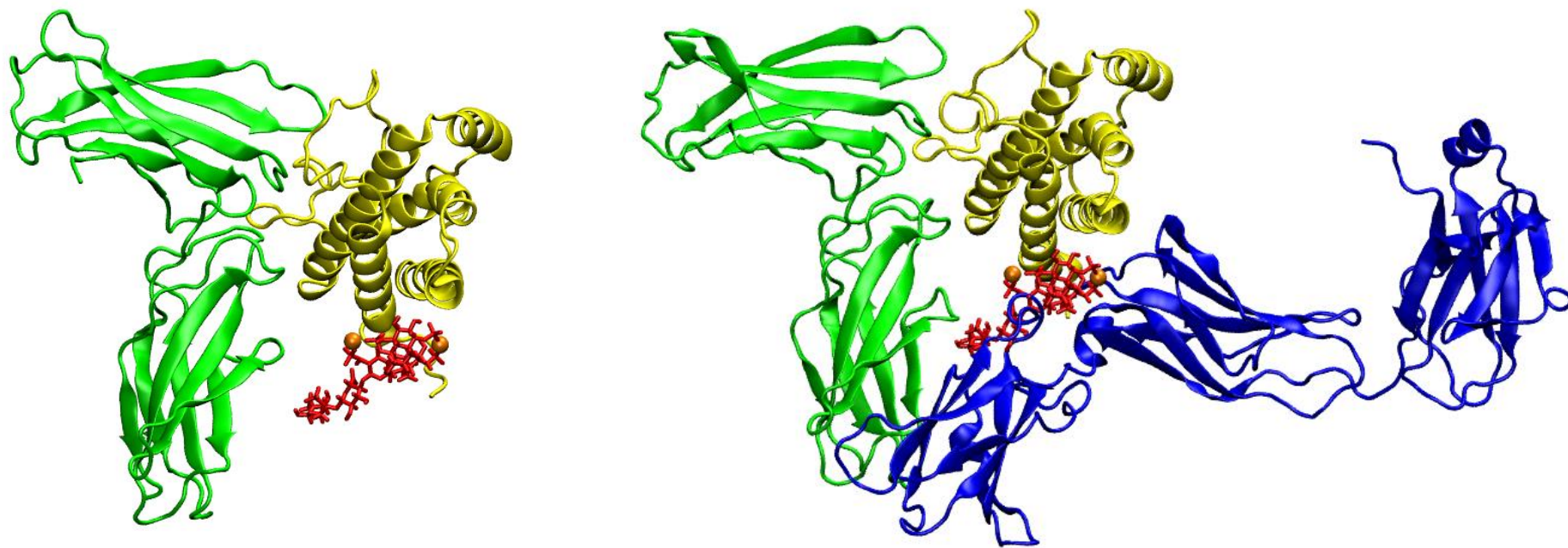
- affected all key residues from Site I
- affected the only charged residue from Site II



IL-6/IL-6R $\alpha$

IL-6/gp130

## IL-6/IL-6R $\alpha$ + heparin + Mg (+ gp130)



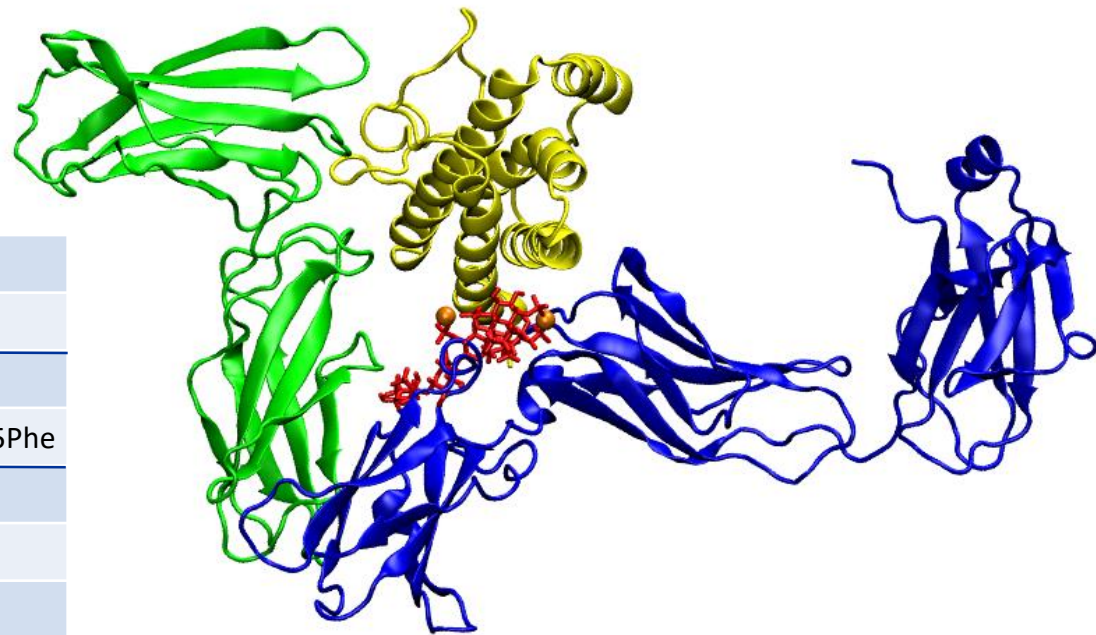
Heparin, in the presence of Mg ions, blocks binding site II (IL-6/gp130) and being positioned in front of helix A, effectively prevents the formation of the biologically active triple complex with gp130



## IL-6/heparin/IL-6R $\alpha$ complex

### Contact residues and heparin binding

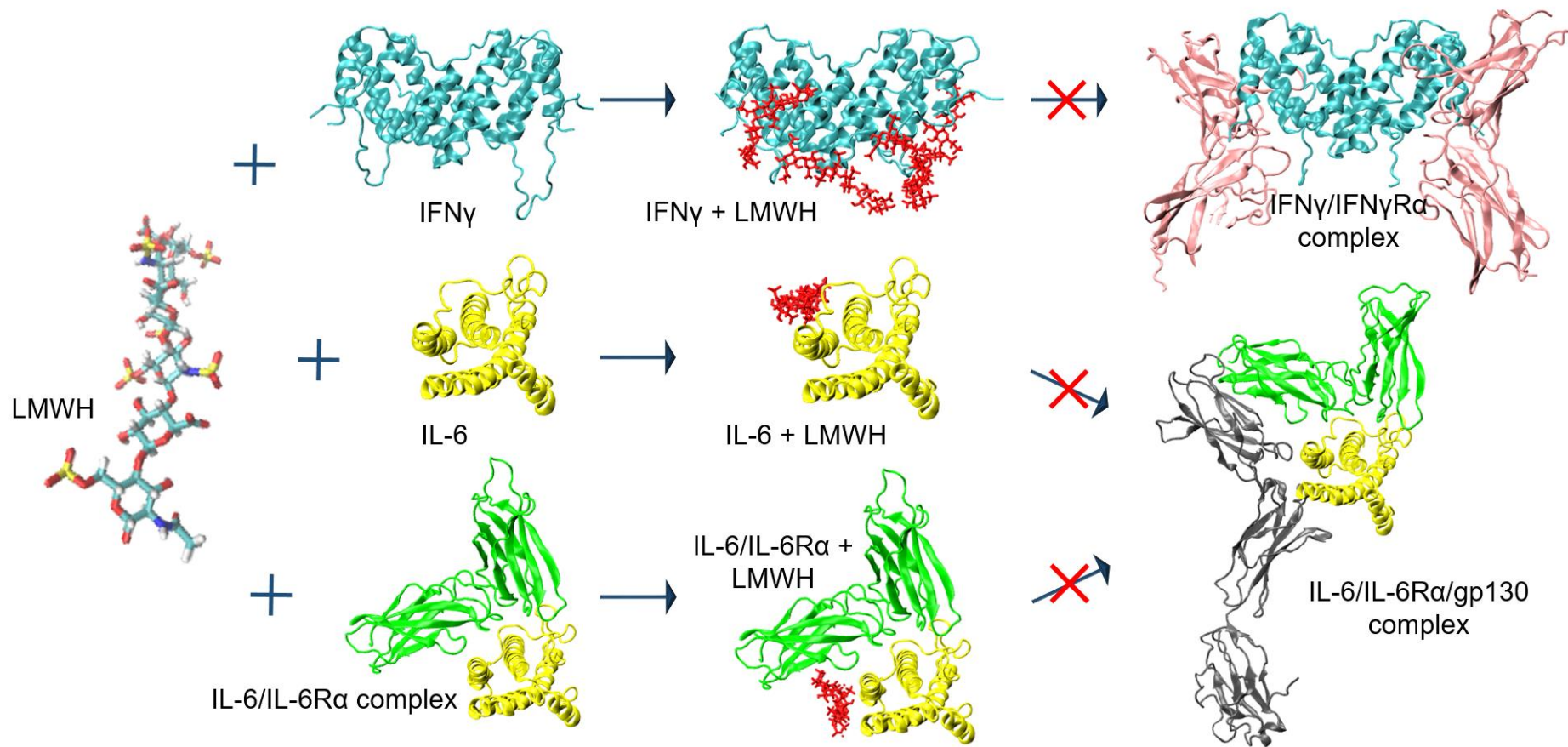
IL-6/IL-6R	30Arg	54Lys	33Leu		
IL-6/IL-6R	178Leu	179Arg	182Arg	183Gln	
IL-6/gp130	24Arg	28Gln	31Tyr	34Asp	
IL-6/gp130	110Glu	117Met	121Val	124Gln	125Phe
HP/IL-6/IL-6R	40Lys	41Lys	168Arg		
Mg	30Arg	31Tyr			
HP/IL-6/IL-6R	233Arg	281Gln	284Trp	276Gln	



Heparin, in the presence of Mg ions, blocks binding site II (IL-6/gp130) and being positioned in front of helix A, effectively prevents the formation of the biologically active triple complex with gp130



# Conclusions



## Conclusions

- ❑ LMWH binds with high affinity to IFN $\gamma$ , fully inhibiting the interaction with its receptor
- ❑ LMWH interacts with IL-6, blocking that way its binding to the receptor IL-6R $\alpha$
- ❑ LMWH interacts with the complex IL-6/IL-6R $\alpha$  and prevents further binding of this complex to gp130

**Heparin inhibits two of the key players in the CRS (the cytokine storm) – IL-6 and IFN $\gamma$ , which opens the possibility to stop and even to reverse its development.**

# L. Litov et al., *Heparin as an Anti-Inflammatory Agent*. bioRxiv-223859 (2020) 20 pp.

## Conclusions

- ❖ Heparin is a potent anti-inflammatory agent, due to its ability to engage with two of the key cytokines in the development of the cytokine storm – IFN $\gamma$  and IL-6.
- ❖ Heparin can influence favourably conditions characterised by an overexpression of certain cytokines (associated with autoimmune diseases, but also with uncontrolled inflammatory processes, in particular with COVID-19)
- ❖ Heparin's anti-inflammatory action does not depend on the virus type and, in general, the cause of the acute inflammatory process
- ❖ Threefold activity of heparin: anticoagulant, anti-inflammatory and antiviral
- ❖ An added benefit: heparin is a well-known and widely used medication

# Acknowledgements

*Ivan Ivanov, Genoveva Nacheva, Elena Krachmarova*  
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*Anastas Pashov*  
Stefan Angeloff Institute of Microbiology – BAS



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Thank you  
for your attention!